



BREAST CANCER SUPPORT CANADA

YOUNG WOMEN AND BREAST CANCER

RESOURCE LIST

Books

Just a Lump in the Road : Reflections of Young Breast Cancer Survivors, by Debbie Leifert. (iUniverse, 2008)

Nordie's at Noon : The Personal Stories of Four Women "Too Young" for Breast Cancer, by Patti Balwanz, Kim Carlos, Jennifer Johnson, and Jana Peters (Da Capo, 2006)

Why I Wore Lipstick to My Mastectomy, by Geralyn Lucas (St. Martin's Press, 2004)

I'm Too Young to Have Breast Cancer! : Regain Control of Your Life, Career, Family, Sexuality, and Faith, by Beth Leibson-Hawkins. (LifeLine Press, 2004)

Fighting for Our Future : How Young Women Find Strength, Hope, and Courage While Taking Control of Breast Cancer, by Beth Murphy (McGraw-Hill, 2003)

The Victoria's Secret Catalog Never Stops Coming, and Other Lessons I Learned From Breast Cancer, by Jennie Nash (Penguin, 2002)

Everything Changes: The Insider's Guide to Cancer in Your 20s and 30s, by Kairol Ronsenthal (JohnWiley & Sons, 2009)

100 Questions & Answers About Cancer and Fertility, by Kutluck H.Oktay, Lindsay Nohr Beck, and Joyce Dillon Reinecke (Jones and Bartlett, 2008)

Websites

Rethink Breast Cancer

www.rethinkbreastcancer.com

Breast Cancer Now What

www.breastcancernowwhat.ca

Young Survival Coalition

www.youngsurvival.org

Living Beyond Breast Cancer – Young women

www.lbbc.org/young-women.asp

Annual Conference for Young Women Affected by Cancer

www.youngsurvivorsconference.org

Young Women with Breast Cancer (peer support program for Ontario residents)

www.ywbc.ca

Myself : Together Again - One Young Woman's Story of Breast Cancer Recovery and Reconstruction

www.myselftogetheragain.org

The Woman is Stronger than the Disease : A Guidance Journal for Young Women with Breast Cancer

Young Women's Breast Cancer Program at Washington University School of Medicine

ywbcp.wustl.edu/files/Breast%20Cancer%20Journal%2007.pdf

Younger Women with Breast Cancer

Breast Cancer Care UK

www.breastcancercare.org.uk/upload/pdf/BCC66_younger_women_bc_booklet.pdf

Young Cancer Spouses

www.youngcancerspouses.org

Fertility & Pregnancy

Fertile Hope

www.fertilehope.org

MyOncofertility.org

www.myoncofertility.org

Fertile Future

www.fertilefuture.ca

Hope for Two

www.pregnantwithcancer.org

Fertility, Pregnancy, Adoption

Breastcancer.org

www.breastcancer.org/tips/fert_preg_adopt

Fertility Issues and Breast Cancer Treatment

Breast Cancer Care UK

www.breastcancercare.org.uk/upload/pdf/BCC28_fertility_issues_09_web_pdf.pdf

Women's Fertility and Chemotherapy

Cancer Research UK

www.cancerhelp.org.uk/help/default.asp?page=326

Early Menopause

Breast Cancer and Early Menopause – A Guide for Younger Women

National Breast and Ovarian Cancer Centre

www.nbcc.org.au/view-document-details/bcmc-breast-cancer-and-early-menopause-a-guide-for-younger-women

Managing Menopausal Symptoms

Breastcancer.org

www.breastcancer.org/tips/menopausal

Breast Cancer Treatment and Menopausal Symptoms

Macmillan Cancer Support

www.macmillan.org.uk/Cancerinformation/Cancertypes/Breastfemale/Livingwithbreastcancer/Menopausalsymptoms/Menopausalsymptoms.aspx

Menopausal Symptoms and Breast Cancer

Breast Cancer Care UK

www.breastcancercare.org.uk/upload/pdf/Menopausal_symptoms_factsheet_BCC18.pdf

Early Menopause Guidebook

The North American Menopause Society

www.menopause.org/edumaterials/earlyguidebook.aspx

Online Community Support (discussion boards, chat)

WillowTalk

www.willow-talk.org

Breast Cancer Now What

breastcancernowwhat.ca

Young Survival Coalition

www.youngsurvival.org/bulletin-board

Young Women with Breast Cancer

Breastcancer.org

community.breastcancer.org/forum/27

The Young Survivor Connection

Living Beyond Breast Cancer

www.lbbc.org/forum

Younger Women

Breast Cancer Care UK

www.breastcancercare.org.uk/bcc-forum/14/

RealTime Cancer Community

Young Adult Cancer Canada

www.youngadultcancer.ca

I'm Too Young For This!

www.imtooyoungforthis.org

Planet Cancer

myplanet.planetcancer.org